

**SPONSORED
BY**



WNPf NEW YORK STATE POWERFEST

NEW MEET LOCATION: VICTORY CHURCH, 32 WILDBRIAR RD., HENNRIETTA, NY 14623 (585) 334-8524, Hotels in the area includes the Best Western 585/427-2700 and Extended Stay 585. 427.7580

DATE: SATURDAY, NOVEMBER 22, 2014

FORMAT: WEIGH-INS 5-6:30PM ON FRIDAY OR SATURDAY 8-9:30 AM. RULES-9:30 AM, START TIME 10:15 AM

ENTRY FEE: \$70 FOR THE FIRST DIVISION OR EVENT, \$50 FOR ANY ADDITIONAL DIVISION OR EVENT. ALL ENTRIES MUST BE POSTMARKED BY **NOV 1, 2014** OTHERWISE A \$30or40 LATE FEE WILL APPLY. LIFTERS THAT ARE LATE MUST CALL IN ADVANCE AND HAVE YOUR NAME PLACED ON THE ROSTER. **NO REFUNDS, TRANSFERS OR EXCHANGES ON FEES IF YOU DO NOT ATTEND**

YEARLY WNPf MEMBERSHIP FEE: \$20- HIGH SCHOOL, SPECIAL OLYMPIAN AND YOUTH, \$30- COLLEGE STUDENTS (18-23 YRS), \$40- ADULTS. This fee can be paid in advance or at weigh-ins. All lifters must be members to compete.

AWARDS: 1ST TO 10TH IN ALL DIVISIONS AND WEIGHT CLASSES. BEST LIFTER AWARDS! TEAM AWARDS!

WT CLASSES: **WOMEN** 60-80-97-105-114-123-132-148-165-181-SHW, **MEN** 60-80-100-114-123-132-148-165-181-198-220-242-275-300-SHW **DIVISIONS:** YOUTH 9-10 & 11-12, TEENS 13-16 & 17-19, JUNIOR 20-23, OPEN, SUBS 35-39, MASTERS 40-49, 50-59, 60-69, 70-79, 80-89, POLICE/FIRE/MILITARY

EQUIPMENT- PLEASE LOOK AT PAGE THREE FOR INFORMATION ON WHAT TYPE OF EQUIPMENT IS ALLOWED IN THE WNPf FOR EACH FORMAT.

DRUG TESTING: TESTING WILL TAKE PLACE AT THE EVENT. LIFTERS WILL BE CHOSEN AT RANDOM

RECORDS: LIFTERS CAN SET STATE AND NATIONAL RECORDS AT THIS EVENT. Check for records at www.wnpf.net

ADMISSION: PLEASE TELL YOUR CHEERING SECTION AND COACHES THAT THERE IS A CHARGE TO SEE THE SHOW \$8.00 AT THE DOOR FOR SPECTATORS **ATTIRE:** WNPf MEET SHIRTS & TNT IRONWEAR ATTIRE WILL BE SOLD AT THE EVENT (KNEE & WRIST WRAPS, SINGLETs, CHALK AND MORE) www.tntironwear.com

CONTACT INFO: DIRECTOR-RON DEAMICIS POWERLT103@AOL.COM OR 330 519-3078/WEBSITE- WWW.WNPf.NET PLEASE GO TO THE WEBSITE FOR RECORDS, RULES, EQUIPMENT, NEWS AND MORE.....



www.tntironwear.com



WNPF NEW YORK POWERFEST- DEADLINE NOV. 1, 2014

NAME _____ NICK NAME _____ SEX- M__ F__

ADDRESS _____

CITY _____ STATE _____ ZIP CODE _____

AGE _____ DATE OF BIRTH _____ WT. CLASS ENTERING _____

TEL # _____ EMAIL _____

Are you a 2014-15 WNPF member? Yes ____ No ____ Card expiration date _____

ESTIMATED OPENING ATTEMPTS? SQ _____ BP _____ DL _____ PC _____

GYM NAME _____ CITY _____ STATE _____ ZIP CODE _____

OCCUPATION _____ I am drug free for life? Yes__ No __

Please check or circle your event below and which format you are lifting in. EX: Raw, Raw classic, etc.

FULL POWER (SQ, BP, DL COMBINED) = YOUTH TEEN JUNIOR OPEN SUBS MASTERS _____

POLICE/FIRE/MILITARY RAW RAW CLASSIC SINGLE PLY DOUBLE PLY _____

BENCH ONLY= YOUTH TEEN JUNIOR OPEN SUBS MASTERS POLICE/FIRE/MILITARY RAW SINGLE PLY DOUBLE PLY _____

DEADLIFT ONLY= YOUTH TEEN JUNIOR OPEN SUBS MASTERS POLICE/FIRE/MILITARY RAW EQUIPPED _____

SQUAT ONLY= YOUTH TEEN JUNIOR OPEN SUBS MASTERS POLICE/FIRE/MILITARY RAW RAW CLASSIC SINGLE PLY DOUBLE PLY _____

IRONMAN (BP/DL) COMBINED= YOUTH TEEN JUNIOR OPEN SUBS MASTERS POLICE/FIRE/MILITARY RAW SINGLE PLY DOUBLE PLY _____

REPS= TEEN JUNIOR OPEN SUBS MASTERS POLICE/FIRE/MILITARY _____

POWERCURL= YOUTH TEEN OPEN MASTERS _____ **Mail Entry form and make payment to: RON DEAMICIS Send to:**

6531 NEW RD, YOUNGSTOWN, OH 44515 Bank checks, cash and money orders only. No personal checks accepted. Do not send your entry form by certified mail; it will not be picked up. If you want confirmation please email us. Entry deadline is NOV 1, 2014 Postmark, \$30 late fee must be sent in after this date, \$40 late fee if you are a walk-in lifter. Fees must and will be applied in advance or at weigh-ins, no exceptions. Cash only at weigh-ins

In consideration of your accepting this entry, I hereby for myself and my heirs, release any & all rights/claims for damages for injuries I may have against the contest facility in use, World Natural Powerlifting Federation, Troy Ford, Ron Deamicis, all other meet directors & staff, and any & all other participating sponsors, supporters, referees, and spotter/loaders as a result of my traveling to, and/or from and/or participating in, the above listed competition. I make this release and waiver of claim with full knowledge of the hazards and inherent risks associated with the above listed competition. I hereby assume the risk of injury and property damage/loss. Also, in consideration of your accepting this entry I hereby sign over my rights to be videotaped and/or photographed to the meet directors and/or his designee. I am fully aware that I will receive no royalties and/or compensation for resale/use of the videotapes and/or photographs. I also realize that if I do not attend this event for any reason I will forfeit all fees and cannot transfer them to another event. In consideration of the acceptance of my entry in this Powerlifting competition I intend to be legally bound, for not only myself but also for my heirs, my executors, and my administrators. In signing this release from liability I waive and release everyone connected with the competition from any and all liability, including any results of negligence which may arise from this competition. Moreover I agree that any testing method which the meet director and the sponsors of this meet use to detect the presence of strength-inducing drugs SHALL BE CONCLUSIVE. That is, whether I think results of the tests are right or wrong I agree that I have no right to challenge the results of the drug tests. I further agree to submit to any physical tests which may be necessary to complete drug testing. Should I fail to pass drug tests, I agree to forfeit any trophy or award which I otherwise have won. I understand and agree that if I fail to pass the drug tests, my name will appear on a published list of suspended members. If it is determined that I have failed the drug test, I agree to waive any claim for which legal relief is available. I agree to pay any attorney fee and litigation expenses incurred by any person, real or corporate, whom I may sue in an effort to challenge this Release from Liability form. I understand that my agreement to pay attorney fees and litigation expenses is the Sine Qua Non for the acceptance of my entry in this contest. If any provision of this release form liability shall be deemed by a court of competent jurisdiction to be invalid, the remainder of this Release of Liability shall remain in full force and effect. I also certify with my signature that this release/agreement cannot be modified orally. Certification: I hereby give my word of honor as an athlete that I have not used any strength inducing drugs (i.e. any anabolic steroid, natural hormone or synthetic growth hormone) as part of my training during the past thirty six months, nor have I used prescription diuretics or psychomotor stimulants during the seven days prior to this meet

Signature in full of applicant or parent or guardian if lifter is under 18 **absolutely no credit, refunds, exchanges or transfers on any and all fees!!!!!!!!!!!!**



EQUIPMENT RULES

RAW- Mandatory singlet, wrist wraps up to 36", belt and optional approved knee sleeves, cotton t-shirt and underwear (no compression material of any kind is allowed)

RAW CLASSIC- Mandatory singlet, wrist wraps up to 36", belt, knee wraps up to 2.5 meters, optional approved knee sleeves, elbow sleeves for the squat and deadlift only (no compression material of any kind is allowed)

SINGLE PLY- Mandatory singlet, wrist wraps up to 36", knee wraps up to 2.5 meters, optional approved knee sleeves, elbow sleeves for the squat and deadlift events, Single ply bench shirt made of poly only and your shirt must be fully closed in the back. Squat briefs are not allowed unless you are wearing squat briefs and a wrestling singlet.

DOUBLE PLY- Mandatory singlet, wrist wraps up to 36", knee wraps up to 2.5 meters, optional approved knee sleeves, elbow sleeves for the squat and deadlift events, Double ply shirts made of poly or denim (shirts can be open in the back and cannot be pulled below your armpit. Briefs are allowed under your suit but it must be a combination of no more than double ply. Or you can wear a double ply brief and a singlet.

POWERCURL

Wrist wraps, optional belt, cotton tee shirt and underwear, no loose fitting shorts allowed. If your shorts are loose you will be warned and you must change to a singlet. The judges must be able to see your knees. (No compression material of any kind is allowed)

REPS CONTEST

Wrist wraps up to 36", optional belt, no loose fitting shorts allowed. If your shorts are loose you will be warned and you must change to a singlet. The judges must be able to see your butt on the bench. (No compression material of any kind is allowed)

OTHER RULES

Full length socks must be worn in the deadlift and you must have a sole on the bottom of your shoe.

Knee wraps are not allowed in the deadlift in the RAW divisions. Knee sleeves are allowed in the deadlift in the RAW divisions.

Gloves of any kind are not allowed

Sling shots are not allowed

Please email me at wnpf@aol.com with any questions or concerns regarding equipment