

2015 WNPf TRI-STATE GA-TN-AL POWERLIFTING CHAMPIONSHIPS

Date: Saturday, March 14, 2015 **NATIONAL QUALIFIER- top 3 advance in each class**

Time: Weigh-ins from 5-6pm on Friday or 8-9am on Saturday. Rules briefing will begin at 9am sharp, start time- 9:45-10am.

Location: Quality Inn & Conference Center, 1551 Phoenix Blvd, Riverdale, GA. 770 996-4321, for sleeping rooms, please mention WNPf when making your reservation (\$64) and you must call 3 weeks before the event. Directions are on page 4 off this application.

Fees: (There are no refunds, transfers or exchanges on any fees) \$80 for the first division/event, \$50 for any additional divisions/events. Team fees are \$80 per team. All entries must be postmarked by February 21, 2015 otherwise a \$30 late fee must be added. If you are a walk-in lifter you must have your name placed on the roster by email and there will be a \$40 late charge for walk-ins. Personal checks are not accepted! Certified checks, money orders or credit/debit cards only. If you would like to use a credit/debit card please email us and we will send you a secure email a 3.5% charge will be added for this service.

Memberships: All lifters must be WNPf members you can pay this fee in advance or at weigh-ins. Cash only at weigh-ins! \$20- Special Olympians, Youth and High School, \$30 for College students (23 yrs or younger) and seniors over 65 yrs., \$40 for all others. Proof must be provided for high school and college students.

Awards: All lifters will receive an award as long as you don't bomb out. We will go to 10 places if necessary. Best lifter awards with categories of 10 lifters or more and team awards for teams that enter as a team.

Lifting Format: We offer Raw (knee sleeves allowed), Raw Classic (knee wraps allowed), Single ply and Double ply. Please go to the WNPf website for lifting attire that is accepted in the WNPf at <http://www.wnpf.net/wnpf/showPage.jsp?pageName=rules>. All lifters must have on a one piece lifting suit.

Testing: Drug testing will be performed on a random basis at the event. If you are not drug free please do not enter this meet. The WNPf has the right to test you at this contest or out of contest once you become a member.

Records: Lifters can set state records at this event. Please go to the website at www.wnpf.net for all WNPf records.

Admission: \$8.00 for each adult. Lifters please tell your coaches/spotters that there is a charge to help you at the show, \$5.00 for seniors and kids under 12. **Meet shirts and attire:** We will be selling meet shirts and more. If you need a singlet, wrist wraps, knee wraps, knee sleeves or more go to www.tntironwear.com and these items will be for sale at the event.

Divisions: Youth 7-8, 9-10, 11-12, 13-16 & 17-19, Junior 20-23, Open, Subs 35-39, Masters I- 40-49, Masters 2- 50-59, Masters 3- 60-69, Masters 4- 70-79, Police/fire/military and Novice (first time lifters)

Wt. classes: Men- 60, 80, 100, 114, 123, 132, 148, 165, 181, 198, 220, 242, 275, 308, SHW, Women-60, 80, 97, 105, 114, 123, 132, 148, 165, 181 & SHW **Meet director:** Troy Ford- wnpf@aol.com Website for all rules, records, etc.- www.wnpf.net

WNPF TRI-STATE (GA-TN-AL)- Deadline Feb, 21, 2015 POSTMARK- please fill out the entire application.

Name _____ Sex- Male _____ Female _____

Street Address _____

City _____ State _____ Zip _____

Age _____ Date of Birth on meet day _____ Weight class entering _____

Tel # _____ Email address _____

Are you a 2015 WNPF member? Yes _____ No _____, Card # _____ Expiration date _____

Estimated opening attempts, these can be changed at weigh-ins- SQ _____ BP _____ DL _____

Gym Name _____ City, state and Zip _____

Occupation _____ Please check one- I am lifetime drug free, Yes _____ No _____

Please check or circle your event and lifting format. If you do not check your lifting format you will be placed in the double ply or equipped division by default.

Powerlifting- Youth _____ Teen _____ Junior _____ Open _____ Subs _____ Masters _____ Police/Fire/Military _____ Novice _____
Raw _____ Raw Classic _____ Single Ply _____ Double Ply _____

Bench Press Only- Youth _____ Teen _____ Junior _____ Open _____ Subs _____ Masters _____ Police/Fire/Military _____
Novice _____ Raw _____ Single Ply _____ Double Ply _____

Deadlift Only- Youth _____ Teen _____ Junior _____ Open _____ Subs _____ Masters _____ Police/Fire/Military _____ Novice _____
Raw _____ Equipped _____ (Deadlift Only Offers Raw or Equipped Only)

Squat Only- Youth _____ Teen _____ Junior _____ Open _____ Subs _____ Masters _____ Police/Fire/Military _____ Novice _____
Raw _____ Raw Classic _____ Single Ply _____ Double Ply _____

Bench for Reps- Youth _____ Teen _____ Junior _____ Open _____ Subs _____ Masters _____ Police/Fire/Military _____

Powercurl- Youth _____ Teen _____ Open _____ Masters _____

Mail Entry form and make payment to: WNPF **Send to:** WNPF, POBOX 142347, Fayetteville, GA 30214 **Bank checks, cash and money orders only. No personal checks accepted. Please do not send your entry form by certified mail; it will not be picked up. If you want confirmation please email us. Entry deadline is FEB 21, 2015 Postmark, \$30 late fee must be sent in after this date, \$40 late fee if you are a walk-in lifter. Fees must and will be applied in advance or at weigh-ins, no exceptions. Cash only at weigh-ins**

In consideration of your accepting this entry, I hereby for myself and my heirs, release any & all rights/claims for damages for injuries I may have against the contest facility in use, World Natural Powerlifting Federation, Troy Ford, Ron Deamcis, all other meet directors & staff, and any & all other participating sponsors, supporters, referees, and spotter/loaders as a result of my traveling to, and/or from and/or participating in, the above listed competition. I make this release and waiver of claim with full knowledge of the hazards and inherent risks associated with the above listed competition. I hereby assume the risk of injury and property damage/loss. Also, in consideration of your accepting this entry I hereby sign over my rights to be videotaped and/or photographed to the meet directors and/or his designee. I am fully aware that I will receive no royalties and/or compensation for resale/use of the videotapes and/or photographs. I also realize that if I do not attend this event for any reason I will forfeit all fees and cannot transfer them to another event. In consideration of the acceptance of my entry in this Powerlifting competition I intend to be legally bound, for not only myself but also for my heirs, my executors, and my administrators. In signing this release from liability I waive and release everyone connected with the competition from any and all liability, including any results of negligence which may arise from this competition. Moreover I agree that any testing method which the meet director and the sponsors of this meet use to detect the presence of strength-inducing drugs SHALL BE CONCLUSIVE. That is, whether I think results of the tests are right or wrong I agree that I have no right to challenge the results of the drug tests. I further agree to submit to any physical tests which may be necessary to complete drug testing. Should I fail to pass drug tests, I agree to forfeit any trophy or award which I otherwise have won. I understand and agree that if I fail to pass the drug tests, my name will appear on a published list of suspended members. If it is determined that I have failed the drug test, I agree to waive any claim for which legal relief is available. I agree to pay any attorney fee and litigation expenses incurred by any person, real or corporate, whom I may sue in an effort to challenge this Release from Liability form. I understand that my agreement to pay attorney fees and litigation expenses is the Sine Qua Non for the acceptance of my entry in this contest. If any provision of this release form liability shall be deemed by a court of competent jurisdiction to be invalid, the remainder of this Release of Liability shall remain in full force and effect. I also certify with my signature that this release/agreement cannot be modified orally. Certification: I hereby give my word of honor as an athlete that I have not used any strength inducing drugs (i.e. any anabolic steroid, natural hormone or synthetic growth hormone) as part of my training during the past thirty six months, nor have I used prescription diuretics or psychomotor stimulants during the seven days prior to this meet _____

Signature in full of applicant or parent or guardian if lifter is under 18 **absolutely no credit, refunds, exchanges or transfers on any and all fees!!!!!!**

2015 WNPF TRI-STATE POWERLIFTING CHAMPIONSHIPS

GEORGIA- TENNESSEE & ALABAMA (Lifters from other states can lift

also.

SATURDAY, MARCH 14, 2015

Who will be the Tri-State Champion

WNPF



Quality Hotel, 1551 Phoenix Blvd, College Park, GA.

10am start time, \$8.00 admission

**Open to all DRUG FREE lifters that want to lift in
a well organized, family orientated powerlifting event.**

Meet director- Troy Ford- wnpf@aol.com
Website- www.wnpf.net

DIRECTIONS TO THE HOTEL

From I-85 South: Take exit 71/Riverdale Road, turn left onto Riverdale Road for 2 miles, cross over bridge, right at Phoenix Boulevard. Hotel on the right.

From I-285 East: Take exit 60/Riverdale Road, turn right onto Riverdale Road, right at Phoenix Boulevard. Hotel on the right.

From I-285 West: Take exit 60/Riverdale Road, turn left onto Riverdale Road, cross over bridge, right on Phoenix Boulevard. Hotel on the right.