

WNPF NEW YORK STATES

FEB28TH, 2015

ROCHESTER NEW YORK

! DENOTES STATE RECORD

BL DENOTES BEST LIFTER

POWERLIFTING RAW
WOMEN

SQT BP DL TOTAL

123lb open	Hillary Cardin BL	210!	140!	280!	630!
148lb 13-16	Julianna Colwell	140!	70!	205!	415!
165lb 35-39	Kelly Colwell	160!	100!	255!	515!
181lb novice	Deanna Rose	200!	115!	210!	525!
45-49	Deanna Rose	200!	115!	210!	525!

MENS

132lb 17-19	Dyton Humbert	270!	230!	365!	870!
148lb 20-23	Scott Ketchum	305!	205!	405!	915!
165lb 17-19	Shawn Conner	370!	270!	465!	1105!
open	Christopher Finley	335	285	405	1025
181lb open	Kevin Jakes	405	300	475	1175
198lb open	Jason Cwanek	450	300	600	1350
	James Deferio	385	360	485	1230

novice	Brad Cimino	410!	275	505!	1190
60-64	Walter Sedorus	315!	210!	340!	865!
220lb Novice	Josh Kasmore	370!	265!	505!	1140!
Open	Troy Minkiewicz	315	225	405	945
35-39	Brian Hahn	485	335	560!	1380
50-54	R L Murray	410	365	425	1200
242lb 20-23	Patrick Fraccola BL	550!	450	550	1550!
300 novice	Thomas Fitzgerald	335!	225!	405!	965!
RAW CLASSIC WOMEN					
148LB 45-49	Sherry Gifford	210!	135!	295!	640!
181lb 50-54	Leanne Mikiciuk	205!	120!	290!	615!
MEN					
181lb open	Tom Oddo	475!	320	525	1320
198lb open	Eric Perez	500!	300	585!	1385
220lb novice	Vincent Zorbrist	405!	285	405	1095!

open	Bruce Colwell	500	360!	575!	1435
50-54	R L Murray	410	365	425	1200
	Daniel Mandell Jr	400	225	505	1130
	BENCH FOR REPS WOMEN	Reps			
105lb 75-79	Willie Murphy	34			
	MEN				
220lb 17-19	Joe Newcomb	23!			
	IRONMAN RAW WOMEN	BP	DL	TOTAL	
105lb youth	Jaylen Fiori	35	85	110	
105lb 75-79	Willie Murphy BL	115!	215!	330	
123lb 60-64	Nancy Loughlin	100!	165!	265	
165lb 13-16	Elexis Ameigh	80!	175!	225	
shw open	Nicholle Chaffee	175!	265!	440	
	MEN				
198 17-19	Tristan Pleace	225	480	705	
13-16	Hunter Delia	260	450!	710	

220lb 13-16	Wrett Brower	140	250	390
open	Jeremy Brown BL	365	550!	915
242lb 13-16	Wyatt Brower	180	315	495
open	Thomas Lattanzo	325	555!	880
	BENCH RAW WOMEN			
165lb 40-44	Denise Mitchell		200	
	MEN			
165LB NOVICE	John Sepielli		275!	
220lb open	Vernon Johnson BL		420	
55-59	Michael Knox		275	
242lb 50-54	James Mitchell Jr		415!	
275lb 35-39	Jacob Bigelow		300	
	SINGLE PLY			
220lb open	Anthony Pera		525!	
242lb 40-44	Dave Kingwater		500	
	DEADLIFT RAW	DL		

MEN

165LB 13-16	Jason Munski	405!
198lb 50-54	Jerry Moynihan	410
220lb 17-19	Joe Newcomb	500

POWERCURL
WOMEN

PC

105lb 70-79	Willie Murphy	55
148lb 40-49	Sherry Gifford	70

MEN

198lb 13-16	Hunter Delia	135!
220lb 17-19	Joe Newcomb	140
275lb OPEN	Jacob Bigelow	140