

**ATLANTA, GEORGIA      NOVEMBER 15-16, 2014**

**w-World record, n- National record, s- State record**

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|                   |     |          |          |        |          |           |  |   |
|-------------------|-----|----------|----------|--------|----------|-----------|--|---|
| JONATHAN SUTER    | 165 | 17-19 SP | 355      | 205    | 485w/s   | 1045      |  | 1 |
| JOE GARAFOLA      | 165 | 50-59 SP | 375s     | 260    | 415s     | 1050      |  | 1 |
|                   |     |          |          |        |          |           |  |   |
| BASIL HASSAN      | 181 | 17-19 R  | 350w     | 245w   | 440w/n/s | 1035w/n/s |  | 1 |
| TIM FOX JR        | 181 | JR RC    | 460s     | 330s   | 465      | 1255      |  | 1 |
| DEVON HOWARD      | 181 | JR-R     | 440w/s   | 280w/s | 455      | 1175w/s   |  | 1 |
| BILLY TUTT        | 181 | JR-R     | 390s     | 265s   | 485w/s   | 1140s     |  | 2 |
| TIM FOX JR        | 181 | O-RC     | 460s     | 330s   | 465s     | 1255s     |  | 1 |
|                   |     |          |          |        |          |           |  |   |
| MOISES TORRES-BL  | 198 | 17-19 R  | 420w     | 270w/n | 550w/n/s | 1240w/n/s |  | 1 |
| TOM WHITESIDE     | 198 | 17-19 R  | 365      | 215    | 445      | 1125      |  | 2 |
| SHADY SULIMAN     | 198 | 17-19 R  | 285      | 205    | 390      | 880       |  | 3 |
| EMERY LONGAN      | 198 | JR-RC    | 470s     | 295s   | 520w     | 1280s     |  | 1 |
| RON FULLER        | 198 | 50-59 SP | OUT      |        |          |           |  |   |
| TIM FOX           | 198 | 50-59 RC | 510w     | 270    | 515s     | 1295      |  | 1 |
| TIM FOX           | 198 | O-RC     | 510      | 270    | 515s     | 1295      |  | 1 |
| WYATT GRESHAM     | 198 | 60-69 R  | 335n/s   | 285w/n | 385n/s   | 1005n/s   |  | 1 |
|                   |     |          |          |        |          |           |  |   |
| AUSTIN STRIBLING  | 220 | 17-19 R  | 430w/s   | 300w/s | 515w/s   | 1245w/s   |  | 1 |
| MIKEL ROJAS-BL    | 220 | 17-19 RC | 650w/n/s | 310    | 500s     | 1460w/n/s |  | 1 |
| MATT APPELL       | 220 | JR-R     | 505w/s   | 325w   | 600w/s   | 1430w/s   |  | 1 |
| SAWYER TRAYNHAM   | 220 | JR-SP    | 500      | 225    | 505      | 1230      |  | 1 |
| ADRIANO CORREA    | 220 | O(SP)    | 465      | 310    | 615w     | 1390      |  | 1 |
| DAVE MARINO       | 220 | O-SP     | 600w/n/s | 330s   | 600w/n/s | 1530w/n/s |  | 1 |
| JOE SCIARETTA     | 220 | O-RC     | 510      | 305    | 565      | 1380      |  | 1 |
| DAVE MARINO       | 220 | SM SP    | 600w/n/s | 330s   | 600w/n/s | 1530w/n/s |  | 1 |
| ALBERTO VELAZQUEZ | 220 | 50-59 SP | 500w/n/s | 320    | 480      | 1300w     |  | 1 |
| ALEX HERNANDEZ    | 220 | 50-59 R  | 380      | OUT    |          |           |  |   |
|                   |     |          |          |        |          |           |  |   |
| ROBERT HANINGTON  | 242 | LT-R     | 405n     | 285n   | 450w/n   | 1140n     |  | 1 |



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|                   |     |         |  |  |          |  |          |  |   |
|-------------------|-----|---------|--|--|----------|--|----------|--|---|
| ROBERT T DAVID SR | 300 | 40-49 R |  |  | 660w/n/s |  |          |  | 1 |
|                   |     |         |  |  |          |  |          |  |   |
| <b>POWERCURL</b>  |     |         |  |  |          |  |          |  |   |
| MAURICIO PIRES    | 148 | O       |  |  |          |  | 130      |  | 1 |
|                   |     |         |  |  |          |  |          |  |   |
| JAMES FRADO       | 165 | O       |  |  |          |  | 135      |  | 1 |
| STEVE BEAL        | 165 | 50-59   |  |  |          |  | 160w/n   |  | 1 |
| TOM KALTENBACH    | 165 | 70-79   |  |  |          |  | 95w/n/s  |  | 1 |
| JAMES FRADO       | 165 | O       |  |  |          |  | 135      |  | 1 |
|                   |     |         |  |  |          |  |          |  |   |
| FLAVIO DANNA      | 181 | O       |  |  |          |  | 175      |  | 1 |
| DAN STEPHENS      | 181 | O       |  |  |          |  | 135      |  | 2 |
| FLAVIO DANNA      | 181 | 40-49   |  |  |          |  | 175w     |  | 1 |
|                   |     |         |  |  |          |  |          |  |   |
| JOSE ROBERTO-BL   | 198 | O       |  |  |          |  | 190      |  | 1 |
| PAT CARR          | 198 | O       |  |  |          |  | 160      |  | 2 |
| JOHN TRINITE      | 198 | 40-49   |  |  |          |  | 130s     |  | 1 |
| PAT ROLLINS       | 198 | 50-59   |  |  |          |  | 175w/n/s |  | 1 |
| PAT CARR          | 198 | 50-59   |  |  |          |  | 160      |  | 2 |
|                   |     |         |  |  |          |  |          |  |   |
| IVAN DAL CORNO    | 220 | O       |  |  |          |  | 190w     |  | 1 |
| GEORGE TOMA       | 220 | O       |  |  |          |  | 170s     |  | 2 |
| DAVID WHITEHEAD   | 220 | 50-59   |  |  |          |  | 155      |  | 1 |
| TONY CATERSIANO   | 220 | 60-69 R |  |  |          |  | 130      |  | 1 |
| BILLY COLEMAN     | 220 | 70-79   |  |  |          |  | 155w/n/s |  | 1 |
| LEON TURNER       | 220 | 70-79   |  |  |          |  | 115      |  | 2 |
|                   |     |         |  |  |          |  |          |  |   |
| LEO MONROE-BL     | 242 | O       |  |  |          |  | 220      |  | 1 |
| DANIEL TURI       | 242 | O       |  |  |          |  | 120      |  | 2 |
| LEO MONROE        | 242 | 40-49   |  |  |          |  | 220      |  | 1 |

|                       |     |         |  |          |          |      |          |         |   |
|-----------------------|-----|---------|--|----------|----------|------|----------|---------|---|
| JOHN BOSLEY           | 242 | 60-69   |  |          |          |      | 150w/n/s |         | 1 |
|                       |     |         |  |          |          |      |          |         |   |
| ADRIAN OCAMPO         | 275 | O-R     |  |          |          |      | 210      |         | 1 |
|                       |     |         |  |          |          |      |          |         |   |
| ROBERT T DAVID SR     | 300 | O       |  |          |          |      | 215w/n   |         | 1 |
| ROBERT T DAVID SR     | 300 | 40-49   |  |          |          |      | 215w/n   |         | 1 |
|                       |     |         |  |          |          |      |          |         |   |
|                       |     |         |  |          |          |      |          |         |   |
| <b>IRONMAN</b>        |     |         |  |          |          |      |          |         |   |
| TJ FORD               | 60  | 7-8 R   |  | 55w/n/s  | 105w/n/s | 160  |          |         | 1 |
| TONY GREENE           | 220 | LT SP   |  | 290s     | 460s     | 750  |          |         | 1 |
| SCOTT ROGERS          | 275 | 40-49 R |  | 315      | 560w     | 875  |          |         | 1 |
| ROBERT T DAVID SR-BL  | 300 | 40-49 R |  | 450w/n/s | 660w/n/s | 1110 |          |         | 1 |
|                       |     |         |  |          |          |      |          |         |   |
| <b>BENCH FOR REPS</b> |     |         |  |          |          |      |          |         |   |
| STEVE BEAL            | 165 | 50-59   |  |          |          |      |          | 27w     | 1 |
| JAMES FRADO           | 165 | O       |  |          |          |      |          | 31      | 1 |
| FLAVIO DANNA          | 181 | O       |  |          |          |      |          | 30      | 1 |
| FLAVIO DANNA          | 181 | 40-49   |  |          |          |      |          | 30w     | 1 |
| CICERO BEZERRA-BL     | 198 | O       |  |          |          |      |          | 32      | 1 |
| LEONARDO DANNA        | 220 | JR      |  |          |          |      |          | 21      |   |
| DUANE DRISDOM         | 220 | O       |  |          |          |      |          | 26      | 1 |
| LEONARDO DANNA        | 220 | O       |  |          |          |      |          | 21      | 2 |
| IVAN DAL CORNO        | 220 | O       |  |          |          |      |          | 19      | 3 |
| JOSUE RODRIGUEZ       | 220 | LT      |  |          |          |      |          | 22      | 1 |
| IVAN DAL CORNO        | 220 | SM      |  |          |          |      |          | 19w     | 1 |
| DUANE DRISDOM         | 220 | 50-59   |  |          |          |      |          | 26w/n/s | 1 |
| DAVID WHITEHEAD       | 220 | 50-59   |  |          |          |      |          | 16      | 2 |
| DANIEL TURI           | 242 | O       |  |          |          |      |          | 11      | 1 |
| ADRIAN OCAMPO         | 275 | O       |  |          |          |      |          | 23      | 1 |



|                                                                                                         |     |                           |                  |  |  |  |  |  |   |
|---------------------------------------------------------------------------------------------------------|-----|---------------------------|------------------|--|--|--|--|--|---|
|                                                                                                         |     |                           |                  |  |  |  |  |  |   |
| <b>SQUAT WORLDS</b>                                                                                     |     |                           |                  |  |  |  |  |  |   |
| EVAN PITTMAN                                                                                            | 148 | <b>13-16 R</b>            | <b>315 s/n/w</b> |  |  |  |  |  | 1 |
| AUSTIN STRIBLING                                                                                        | 220 | <b>17-19 R</b>            | <b>430 s/w</b>   |  |  |  |  |  | 1 |
|                                                                                                         |     |                           |                  |  |  |  |  |  |   |
|                                                                                                         |     |                           |                  |  |  |  |  |  |   |
|                                                                                                         |     |                           |                  |  |  |  |  |  |   |
|                                                                                                         |     |                           |                  |  |  |  |  |  |   |
| JR- JUNIOR, O-OPEN, LT-LIFETIME, SM-SUBS, P-POLICE/FIRE/MILITARY, R-RAW, RC- RAW CLASSIC, SP-SINGLE PLY |     |                           |                  |  |  |  |  |  |   |
| DP-DOUBLE PLY, W-WOMEN                                                                                  |     | *- CHAMPION OF CHAMPIONS  |                  |  |  |  |  |  |   |
| BEST LIFTERS                                                                                            |     |                           |                  |  |  |  |  |  |   |
| <b>WOMEN'S POWERLIFTING RAW</b>                                                                         |     | <b>JULIA FAMIGLIETTI*</b> |                  |  |  |  |  |  |   |
| <b>WOMEN'S BENCH PRESS RAW</b>                                                                          |     | <b>RACHEL WILCOX</b>      |                  |  |  |  |  |  |   |
| <b>WOMEN'S DEADLIFT</b>                                                                                 |     | <b>GRAZIELLA SILVA</b>    |                  |  |  |  |  |  |   |
| <b>TEENAGE POWERLIFTING</b>                                                                             |     | <b>MIKEL ROJAS</b>        |                  |  |  |  |  |  |   |
| <b>MASTERS POWERLIFTING</b>                                                                             |     | <b>MIKE FRANCIS</b>       |                  |  |  |  |  |  |   |
| <b>MEN'S EQUIPPED POWERLIFTING</b>                                                                      |     | <b>WASHINGTON SILVA</b>   |                  |  |  |  |  |  |   |
| <b>MEN'S POWERCURL LIGHT</b>                                                                            |     | <b>JOSE ROBERTO</b>       |                  |  |  |  |  |  |   |
| <b>MEN'S POWERCURL HEAVY</b>                                                                            |     | <b>LEO MONROE*</b>        |                  |  |  |  |  |  |   |
| <b>MEN'S BENCH FOR REPS</b>                                                                             |     | <b>CICERO BEZERRA*</b>    |                  |  |  |  |  |  |   |
| <b>MEN'S IRONMAN</b>                                                                                    |     | <b>ROBERT DAVID SR</b>    |                  |  |  |  |  |  |   |
| <b>MEN'S DEADLIFT EQUIPPED</b>                                                                          |     | <b>TEE MEYERS</b>         |                  |  |  |  |  |  |   |
| <b>MEN'S RAW POWERLIFTING LIGHT</b>                                                                     |     | <b>MOISES TORRES</b>      |                  |  |  |  |  |  |   |
| <b>MEN'S RAW POWERLIFTING HEAVY</b>                                                                     |     | <b>BARRY BOSTICK</b>      |                  |  |  |  |  |  |   |
| <b>MEN'S RAW CLASSIC POWERLIFTING</b>                                                                   |     | <b>MIKE FRANCIS*</b>      |                  |  |  |  |  |  |   |
| <b>MEN'S RAW BENCH PRESS LIGHT</b>                                                                      |     | <b>CHARLIE PAIGE*</b>     |                  |  |  |  |  |  |   |
| <b>MEN'S RAW BENCH PRESS HEAVY</b>                                                                      |     | <b>ADRIAN OCAMPO</b>      |                  |  |  |  |  |  |   |

|                                                                                |  |  |                      |  |  |  |  |  |  |
|--------------------------------------------------------------------------------|--|--|----------------------|--|--|--|--|--|--|
| <b>MEN'S RAW DEADLIFT LIGHT</b>                                                |  |  | <b>CARLOS ARTUR</b>  |  |  |  |  |  |  |
| <b>MEN'S RAW DEADLIFT HEAVY</b>                                                |  |  | <b>MIKE FRANCIS*</b> |  |  |  |  |  |  |
|                                                                                |  |  |                      |  |  |  |  |  |  |
| <b>TEAMS- BENCH PRESS CHAMPS-FURMAN UNIVERSITY, 2<sup>ND</sup> TEAM BRAZIL</b> |  |  |                      |  |  |  |  |  |  |
| <b>DEADLIFT CHAMPS- TEAM BRAZIL, 2<sup>ND</sup> FURMAN UNIVERSITY</b>          |  |  |                      |  |  |  |  |  |  |
| <b>POWERCURL CHAMPS- TEAM BRAZIL</b>                                           |  |  |                      |  |  |  |  |  |  |

*The 2014 WNPf World Championships was one of the best meets in WNPf history. This was the 23<sup>rd</sup> World Championships for the WNPf and this was the first one in Atlanta since 2007. We had 106 lifters from 5 countries and 14 states compete this year. We had lifters from Chile and Puerto Rico there and also teams from Brazil, Georgia and of course USA. I must thank the lifters first and foremost for attending the Worlds because without you there would not be a world championship for the WNPf. Thanks to the teams that came from the other countries and thanks to the lifters that traveled from so far away. Many thanks to my staff for doing a great job, thanks Arthur Chapman my warm up room monitor, many lifters loved the idea of having a monitor because Art made sure the warm-up room was clear and everyone had a chance to warm up properly. Thanks to my Judges who did a great job, they were fair and consistent in all of their calls. Thanks to Tom Isbell, Ron Deamicis, Eric Leblanc and Bryan Sessions. Thanks to my spotters who also did a great job, there was only one misload and they caught every lifter that failed an attempt. Thanks to Abdul, Ron, Perry, Steve and Willy. Thanks to my MC Lester Fields, Lester has been there since the 2<sup>nd</sup> WNPf Worlds and now were up to 23, I can't thank him enough. Thanks to Adrian Locklear for keeping score and helping with loading and unloading equipment on Thursday and Sunday after the event. Thanks to my door people Moms, Jamie, Cetra, Bri and Sheila, Rawnee, you all did a great job.*

*On day one we had a lot of great lifters and if I miss someone please forgive me it's not intentional. What a great group of women we had at this event. Many of them trained hard, talked about it on facebook, etc. and they backed it up. Jamie Orola lifting in her first worlds came very close to bombing out in the Deadlift but she came back and corrected her technique and pulled 175 to stay in the meet. You should have seen the support she got from the spotters and judges to make sure she made this lift to stay in the meet. Meredith Dowless also lifting in her first WNPf world meet set a new world record in her class with a 100 lb bench. Julia Famigletti not only became the WNPf Champion but she also won the best lifter award in the full meet and the WNPf Championship belt. Julia totaled 785 at a bwt of 123 lbs. She is going to be a force in the WNPf in the upcoming years. Christina McDonnell, Ms Intensity came in and PR and also set all new WNPf world records in her class. She has improved so much since her first meet in June; I see big things for Christina in the near future. Laura Edwards from Florida had an outstanding meet and set all new master records and also benched an impressive 170 bench. Natalie Santillo my great SHW lifter, she has also improved so much and had the biggest total in the meet out of all the women. She set so many WNPf World records that I can't count them all. Ms Silva from Brazil won the best lifter in the Deadlift and set a new WNPf world record also, this was her first year coming over to the U.S. and she showed out, I'm glad she*

came. Angelica Berti from Brazil set a new Powercurl world record in her class. Rachel Wilcox won the best lifter in the bench press and also set another world record in the bench press, Rachel is always consistent and one of the nicest young ladies you can meet. Judy Benedict set a new world master's record in her class with a 150 bench. Judy and the group from SC all came down and did a great job, congrats ladies. Angela Meyers set a new Masters Deadlift record with a 285 pull. Maggie Bedrosian set a state Deadlift and world squat record in her division. Willie Murphy, the oldest competitor at the meet at 77 years young did a GREAT job. This lady is amazing; she set all new world records and was a joy to have at the meet. Caroline Welsh and Cynthia Hardwick the ladies from SC both set world records and I hope to see more of them in 2015. Marcia from Brazil power curled 55 lbs to win her class. Now to the men- My son TJ Ford lifting in his first world meet and 3<sup>rd</sup> meet overall did an outstanding job weighing 56 lbs, he benched 55 lbs and deadlifted 105 lbs. He had 120 lbs up in the Deadlift but it came out of his hands at the top. He told me he's going to pull 135 in the next meet and bench 65 lbs; I have your back son. Steve Soukup set World records in the master's class and finished with a 900 total in the 123 class. Evan Pittman came all the way from AZ and took home the world title and he also set numerous records at this meet. It's good to see the supportive dads with their sons at these meets, great job Hal. Amir Suliman took home 2<sup>nd</sup> place behind Evan. Aaron Beinstein set a world record total in the 148's. Jonathan Suter from Ohio broke his Deadlift record and took home another title in his class. Joe Garafola my Italian brother from TN set a few state records and lifted well as usual, thanks for coming and bringing the family Joe. Basil Hassan from the North Bergen PAL did an outstanding job placing first. I must give credit to the coaches of these kids, they do an outstanding job preparing the kids for their meets and I'm glad they are a part of the WNPf family. I'm glad they gave the boys a chance to experience the WNPf World Championships. Tim Fox Jr and Sr both had good days both setting new records and winning their classes. Tim Sr also took the judges exam and stood in to spot when the big boys came up on Sunday, Thanks Tim Sr. Devon Howard a teacher from FL won his class and set a few world records also. Billy Tutt placed 2<sup>nd</sup> and he's a part of the Furman University team. Shady is another No. Bergen PAL lifter that came down and did well. Moises Torres won the best lifter award and also set 4 world records in his class. Tom Whiteside and Shady Suliman placed 2<sup>nd</sup> and 3<sup>rd</sup> in the teenage division. Emery Longan set a world record in the junior Deadlift and also on his first WNPf title. Ron Fuller had an off day and I believe he was a bit injured, Ron opened with 570 and couldn't get deep enough and increased his weight a bit and couldn't get a squat in to stay in the contest, I'm sure Ron will be back next year. Wyatt Gresham the silver fox set a world record bench and won the masters over 60 class. What a contest in the 165s between Charlie Paige and Felix Garcia. Felix finished with a 390 raw bench and Charlie just edged him out with a 410 raw bench. Charlie also took home the best lifter in the bench and also the Champion of Champions World title belt. Billy Tutt won the junior raw bench press title with a 265 bench. Billy beat out Josh Pilz (250) and Tyler Bisack. Flavio Danna from Brazil won the masters and open divisions with a 290 bench. Cicero Bezerra from Brazil put up an impressive 485 single ply bench in the 198's. He took home the best lifter award for the equipped bench division. Chris Molina set world record in the Deadlift with a 355 lb Deadlift. Mauricio Pires also set a world record in the 148 open class. Anderson Accampora won titles in the open and police/fire divisions with a 440 lift. Tom Kaltenbach set a Florida state Deadlift record with a 300 lb. lift and he also set a world record in the Powercurl with 95 lbs. The three lifters from Furman went at it again in the Deadlift with Josh Pilz winning with a 495 deadlift. Carlos Artur set a world record in the masters Deadlift with a 595 raw lift. Vilibaldo Desbesel

deadlifted 420 with an injured back. Jose Roberto pulled 550 and won the best lifter in the Powercurl with a 190 lb lift. Tee Meyers pulled 710 lbs on his last attempt to win the masters title and best lifter. Ray Lopez came down from CT and pulled 575 lbs for a state record. James Frado power curled 135 and Steve Beal set a new world record with a 160 lb Powercurl. Dan Stephens placed 2<sup>nd</sup> with a 135 curl. The master curlers John Trinite (130 lbs), Pat Carr (160 lbs) and Pat Rollins 175 world record curl was outstanding.

Day 2- Austin Stribling set a few world records in the teenage class with a 1245 lb total. Mikel Rojas the phenomenal teenage lifter from NJ won the best lifter in the teen division and set 2 world records and posted a 1,460 lb total. Matt Appell set 4 world records in the junior division. Matt is an outstanding junior lifter in the WNPf. I hope to see more and more teens and juniors like Austin, Mikel and Matt in the near future. Sawyer Traynham from SC totaled 1230 lbs. Adriano Correa from Brazil couldn't wait to get to the U.S. and lift in the WNPf worlds he set a world record Deadlift with a 615 lb lift. Dave Marino lifted single ply but I truly believe Dave can come very close to his single ply numbers lifting raw. Dave set 3 world records in the 220's. Joe Sciarretta from GA made his squats look so easy and he finished with an impressive 1380 total, I hope to see more of Dave at the GA meets. Al Velazquez a long time lifter and friend won his first world title in years in the master's 50-59 division. Alex Hernandez pulled something in the squats and had to withdraw from the meet. Robert Hanington representing Chile set a few world records in the 242 lifetime division. Barry Bostick another strong lifter with a lot of potential, Barry is so consistent and always improving at every meet. This guy will no doubt be a force in the WNPf for a long time. Barry won the best lifter in the raw division on Sunday. James Rowe, great kid, great lifter. James hit a 1405 lb total in the 275 class. The Beast Mike Francis came into this meet with a purpose. Mike went home with almost 10 awards. He won 4 divisions, 3 best lifter awards and 2 Championship belts. Mike had the highest squat in the meet with a 760, highest Deadlift with a 750 and highest total at 1905. Mike is over 50 years of age and has been with the WNPf since 1993 and he is a great friend. Willis Lewis didn't post big numbers and not sure why but he is capable of hitting at least another 100 plus pounds on his overall total. Jesse Bravo from NC, another talented kid with an impressive squat, Jesse made 605 look like 105. He also set 4 world records at his first WNPf world meet. Brian Bonder from NJ is an up and coming master lifter, lifting in only his 3<sup>rd</sup> WNPf meet totaled 1140 lbs. Anthony Calhoun from GA set 3 world records in the SHW and Anthony is one of the most positive people I have ever met. Always smiling and having a good time. Zach Dunlevy set a state record in the bench press and did an excellent job coaching Jesse Bravo. George Toma set a state record in the bench press and also made some impressive lifts in the curl and Deadlift. Josue Rodriguez from FL, another great guy from FL won his first world title in the bench press. Billy Coleman is now in the 70-79 division all I can say is everyone better watch out, Billy is coming for you. Miller Seabrooks another 70 year old lifter from NY did well by setting a world record in his division. Leo Monroe the most impressive power curl lifter in the WNPf almost bombed but he came back and curled 220 lbs to stay in the meet. Carl Calhoun came from OH to set a world record bench press with a 320 lift. Adrian Ocampo won the best lifter in the bench press with a 395. Manuchar Chincharauli from the Republic of Georgia placed 2<sup>nd</sup> to Adrian with a 350 bench. I was glad to see our brothers from Georgia back on the WNPf platform. Washington Silva the new guy from Brazil totaled 1720, won the best lifter in the full meet and also won the bench press division. Buddy Cawley from GA tried 675 lbs three times on the bench and just couldn't get one in. Buddy is an

*outstanding raw lifter, he can reverse grip 525-550, and he will be back raw in the next event. Leonardo Danna won the 220 junior division with a 485 deadlift. Chad Braden another long time WNPf lifter, Chad started with us when he was a SHW junior lifter and now he is a 220 master lifter still going strong. Chad pulled 535 for the win. Carlos Rijos representing Puerto Rico pulled 605 lbs for another World Championship in the WNPf. Evandro Casagrande pulled 685 pounds for the win in the masters and open Deadlift. James Jarboe from Florida pulled a 380 world record. Nikoloz Tchelidze from Georgia placed 2<sup>nd</sup> in the Deadlift. Robert David Sr pulled a 660 world record Deadlift and also curled 215 lbs. David Whitehead one of my favorite guys won the masters bench press division and Powercurl event. Tony Caterisano from SC, what can I say about Tony? I read on facebook that Tony is finished with powerlifting, I hope not! Tony is a great person and friend. The WNPf would not be in SC if it weren't for this man. Thanks Tony for all that you do for the WNPf. Daniel Turi from Brazil curled 120 lbs for 2<sup>nd</sup> place. John Bosley set a new world record with a 150 lb curl. Tony Greene from SC set state records in the lifetime division, Tony has a great powerlifting gym in SC and a very strong team. Scott Rogers came down from Brooklyn, NY and won his class with an 875 total and 560 world record Deadlift. Duane Drisdorf did very well in the bench or reps. Duane used to be one of the top benchers in the WNPf in the past but injuries have caught up to him but he is still competing in the rep division, glad to have you back Driz. We hope to see everyone in Las Vegas, NV in 2015. Until then train hard, train smart and enjoy your holidays. Thank you WNPf Family. (WNPf)*